

Field 211 – Health Education

Alignment of Test Framework Objectives with State and National Standards

Illinois Licensure Testing System Framework Objectives for Health Education	State Board of Education Rules- Title 23 of the Illinois Administrative Code- 27.280	American Association for Health Education- 2008 NCATE Health Education Teacher Preparation Standards	Common Core State Standards Initiative- Common Core State Standards
Subarea I: Health Promotion and Risk Reduction			
0001 Understand theories, principles, models, and processes of health promotion, disease prevention, and health education.	a1-2, b1-2, c1-2, e1, g1, h1-2, i2	I.A-F, II.A-C, IV.A, VIII.A	
0002 Understand prevention, types, causes, effects, diagnosis, and treatment of infectious, noninfectious, and chronic diseases.	a1-2, e1-2, h2, i2	I.C, E, III.D, E, VII.A-C	
0003 Understand the health consequences of alcohol, tobacco, and other drug use and strategies for reducing risks related to alcohol, tobacco, and other drug use.	a1-2, e1-2, h2, i2	I.C, E, III.D, E, VII.A-C	
0004 Understand principles and strategies for promoting and maintaining mental and emotional health, including managing stress.	a1-2, e1-2, h2, i2	I.C-F, VII.A-C	
0005 Understand interpersonal and family relationships, social support systems, and how to foster positive interpersonal communication to promote family and social health.	a1-2, e1-2, h2, i1-2	I.C, D, III.D, E, VIII.B	
0006 Understand principles of bullying prevention, conflict resolution, and violence prevention; and strategies for reducing health risks related to bullying, conflict, and violence.	a1-2, e1-2, h2, i1-2	I.C, D, III.D, E, VII.A-C	
Subarea II: Physical Health			

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0007 Understand human body systems and physical, cognitive, social, emotional, and environmental health factors that affect health, growth, and human development.	a1-2, e1-2	I.A, C, D, E	
0008 Understand nutritional principles and the role of nutrition in promoting and maintaining health.	a1-2, e1-2, g1, h1, i2	I.C, E, F, III.D, E	
0009 Understand the role of health-related physical fitness in promoting and maintaining health.	a1-2, e1-2, g1, h1-2, i2	I.C, E, III.D, E	
0010 Understand sexual and reproductive health as well as concepts and principles for protecting sexual and reproductive health.	a1-2, e1-2, g1, h1-2, i2	I.A, C-F, III.D, E, VII.A-C	
0011 Understand principles, methods, and techniques for enhancing safety, preventing unintentional injuries, and providing care in medical emergency situations.	a1-2, e1-2, g1, h2, i2	I.A, C, D, III.D, E, VII.A	
Subarea III: Health Literacy Skills			
0012 Understand how to use risk-assessment, goal-setting, decision-making, and problem-solving skills to enhance personal, family, and community health.	a1-2, b1-2, c1, d2, e1-2, h2, i1-2	I.A, C, D, III.D, E, VII.A, VIII.B	
0013 Understand the influence of social norms, family, culture, media, and technology on health, and strategies and skills for resisting unhealthy influences.	a1-2, b1-2, d2, e1-2, h2, i1-2	I.C, D, F, II.A-C, III.D, E, IV.B, VII.A	

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0014 Understand the role of the health education teacher as a resource person and methods for obtaining, analyzing, and disseminating health-related information.	a1-2, b1-2, d2, e1-2, h1-2, i1-2	I.F, III.D, E, IV.B, VII A-C, VIII.A	
0015 Understand health-related initiatives, agencies, issues, and trends and how to advocate effectively for personal, family, community, and environmental health.	a1-2, b1-2, e1-2, h1, i1-2	I.C, D, III.D, E, VII.A, C, VIII.B, C	
Subarea IV: Health Education			
0016 Understand principles and procedures for planning, implementing, and evaluating a school health education program.	a1-2, b2, c1-2, d1-2, e1, f1-2, g1-2	II.A-C, I.A-C, E, III.A-C, D, VI.A, VII.A, VIII.A	
0017 Understand instructional and assessment strategies that adhere to best practices as well as state, national, and professional standards, and that facilitate student skill development and application of functional health knowledge.	b2, c1, d1-2, e1-2, f1-2	III.C, D, F, IV.A-D, V.A-E, VII.A	
0018 Understand the process of reading, and apply knowledge of strategies for promoting students' literacy development in the health education classroom.	k1-2	III.C, D, IV.A, B, D, V.A, D, E	6–12.R.ST
0019 Understand professional and ethical issues in health education, including processes and skills for communicating and collaborating effectively within the school community.	g1-2, h1-2, i1-2, j1-2	I.B, VI.C, VIII.C, D	